


Sunday	Monday	Tuesday	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Please make sure to check the activity boards each morning as they are subject to change!				1 10:00-12:00 Nail Spa 2:00pm Saturday Cinema Movie – TR
2	3	4	5	6	7	8
10:00am St. James Anglican Service 2:00pm Service w/ Pastor Scott Dakin – FH	9:00am Potato Peeling Club - Bistro 9:30am Chair Yoga – FH 11:00am Guess the Song – FH 1:30pm Carpet Bowling – FH 2:45pm Teatime in the bistro 5:30pm Evening Activities – Kristen	9:30am Animals up close Docuseries – FH 10:30am Bible Study W/ John Klinck – FH 1:30pm Mobile Cart – Wings A, B, C, D 2:30pm Timeless Tales w/ Jan Draper – TR	9:30am Chair Fitness – FH 10:30am Jeopardy! – FH 2:30pm Carnival Game Afternoon – FH	9:30am Happiness Program - Wings C&D 10:00am Snakes and Ladders – FH 1:30pm Book Club – TR 2:00pm Teatime w/ The Grace Ladies – Bistro 3:30pm Would you Rather – FH	9:00am Potato Peeling Club – Bistro 9:30am Chair Fitness – FH 9:30am Nail Spa Wing D 10:30am Balloon Game – FH 1:30pm Bingo! – FH 2:45pm Teatime in the bistro	10:00-12:00 Nail Spa 2:00pm Saturday Cinema Movie- TR
9	10	11	12	13	14	15
<i>Happy Birthday Garnet Morrison!</i> 10:00am St. James Anglican Service 2:00pm Service w/ Don and Christine Doyle - FH	<i>Happy Birthday Gilles Bourque!</i> 9:00am Potato Peeling Club - Bistro 9:30am Chair Yoga – FH 11:00am Valentines Craft – FH 1:30pm Carpet Bowling – FH 2:45pm Teatime in the Bistro 5:30pm Evening Activities - Kristen	<i>Happy Birthday Alice Oldland!</i> 9:30am Animals up close Docuseries – FH 10:30am Bible Study w/ John Klinck – FH 1:30pm Mobile Cart – Wings A, B, C & D 2:00pm Classic movie afternoon – FH	<i>Happy Birthday Micheline Lapointe!</i> 9:30am Chair Fitness – FH 10:00am Painting w/ Michelle – FH 2:00pm Musical Bingo! – FH	9:30am Happiness Program – Wing C & D 10:00am Cooking Club: Cookies – Bistro 2:30 Sundaes and Sweet Memories: Valentines Event – FH	<i>Happy Birthday Colleen Lyon!</i> 9:00am Potato Peeling Club – Bistro 10:00am Bingo! – FH 2:30pm Valentines Teatime – Bistro	10:00-12:00 Nail Spa 3:30pm-6:00pm Resident Party – FH
16	17	18	19	20	21	22
10:00am St. James Anglican Service – FH 3:00pm Service w/ Frazer Family – FH	<i>Happy Birthday Pauline McGourty!</i> 9:00am Potato Peeling Club - Bistro 9:30am Chair Yoga – FH 11:00am Trivia – FH 1:30pm Carpet Bowling – FH 2:45pm Teatime in the Bistro 5:30pm Evening Activities - Kristen	9:30am Animals up close Docuseries – FH 10:30am Bible Study w/ John Klinck – FH 1:30pm Mobile Cart – Wings A, B, C & D 2:30pm Timeless Tales w/ Jan Draper – TR	9:30am Chair Fitness – FH 10:30am Shake out the Truth – FH 1:00pm-4:00pm Photo Detective Challenge – FH 2:30pm Game Afternoon – FH	9:30am Happiness Program Games Wings C&D 10:00am Catholic Mass – FH 2:00pm Birthday Bash – FH	9:00am Potato peeling club 9:30am Chair Fitness – FH 9:30am Nail Spa- Wing D 10:00am Anglican Service – FH 1:30pm Bingo! – FH 2:45pm Teatime in the Bistro	<i>Happy Birthday Birgitta Storjohann!</i> 10:00 -12:00 Nail Spa 2:00pm Saturday Cinema Movie- TR
23	24	25	26	27	28	
10:00am St. James Anglican Service – FH 2:00pm Rev Nigel Parker, Presbyterian – FH	<i>Happy Birthday Jackie Cass!</i> 9:00am Potato Peeling Club - Bistro 9:30am Chair Yoga – FH 11:00am Memory Game – FH 1:30pm Carpet Bowling – FH 2:30pm Teatime in The Bistro 5:30pm Evening Activities - Kristen	9:30am Animals up close Docuseries – FH 10:30am Bible Study w/ John Klinck – FH 1:30pm Mobile Cart – Wings A, B, C, D 2:30pm Guess the logo – FH	9:30am Chair Fitness – FH 10:00am Painting w/ Michelle – FH 2:30pm Armchair Travel: Italy – FH	9:30am Happiness Program – Wings C&D 11:30am Seniors Luncheon – HCC 10:00 am Price is right – FH 1:30pm United Church Prayer Service – FH 2:00pm Teatime w/ The Grace Ladies – Bistro 3:30pm Parachute Game – FH	<i>Happy Birthday John Hamelin!</i> 9:00am Potato Peeling Club – Bistro 9:30am Chair Fitness – FH 9:30am Nail Spa Wing D 10:30am Cooking Club: Banana Bread – Bistro 1:30pm Bingo 2:45pm Teatime in the Bistro	TR = Training Room FH = Faith Hall