

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>AB</b> <i>Check out the activity boards daily for any changes!</i>				<h1>July</h1>		<b>3</b>
<b>4 Summer Kick Off Week</b>						<b>1 Happy Canada Day!</b> <b>1:30pm</b> Canada Day Celebration – Garden <b>2:45pm</b> Chair Fitness with the Kinesiologist – GH <b>3:30pm</b> Advanced Fitness with the Kinesiologist -GH
<b>5</b> <b>10:30am</b> Chair Fitness – GH <b>1:30pm</b> Carpet Bowling – GH  <i>Wear your favourite <b>SUMMER PRINT</b> today to celebrate our Summer Kick-Off theme!</i>	<b>6</b> <b>10:00am</b> Garden Club <b>10:15pm</b> Les Amis Francophones – Bistro <b>2:00pm</b> Summer Kick-Off Social – Garden  *Bistro open for afternoon tea* 2pm-3:30pm	<b>7 World Chocolate Day</b> <b>10:00am</b> Bible Study w/ John Klinck – GH <b>10:30am</b> Summer Trivia in The Garden <b>2:00pm</b> Chocolate Fondue in The Bistro	<b>8</b> <b>10:30am</b> Coffee in The Courtyard <b>2:00pm</b> Tricycle Meeting for Wing B – Bistro <b>2:00pm</b> Craft w/ Khalilah – A  *Bistro open for afternoon tea* 2pm-3:30pm	<b>9</b> <b>10:30am</b> Water Gun Target Practice – Garden <b>1:30pm</b> Bingo! – GH	<b>10</b> <b>2:30pm</b> Water Games – Garden	
<b>11 Shark Week</b>	<b>12</b> <b>10:30am</b> Chair Fitness – GH <b>3:00pm</b> Diversity Café Morocco – GH  <i>Wear something <b>BLUE</b> today to celebrate our shark week theme!</i>	<b>13</b> <b>10:00am</b> Garden Club <b>10:30am</b> Ocean themed Picture Bingo – A <b>2:00pm</b> Mobile Tea-Time  *Bistro open for afternoon tea* 2pm-3:30pm	<b>14</b> <b>10:00am</b> Bible Study w/ John Klinck – GH <b>11:00am</b> Documentary: Our Planet, Coastal Seas – B <b>2:00pm</b> Bocce Golf – Garden	<b>15</b> <b>10:30am</b> True or False: Ocean Edition – GH <b>2:45pm</b> Chair Fitness with the Kinesiologist <b>3:30pm</b> Advanced Fitness with the Kinesiologist  *Bistro open for afternoon tea* 2pm-3:30pm	<b>16</b> <b>10:30am</b> Fishing Game & Trivia – GH <b>1:30pm</b> Bingo! – GH  <i>The Tokyo Olympics Opening Ceremony will be on TV this morning!</i>	<b>17</b> <i>Happy Birthday Anne-Marie Smith</i>
<b>18 Strawberry Week</b>	<b>19</b> <b>10:30am</b> Chair Fitness – GH <b>2:00pm</b> Carpet Bowling – GH  <i>Wear something <b>RED</b> today to celebrate our strawberry week theme!</i>	<b>20</b> <b>10:00am</b> Garden Club <b>10:15pm</b> Les Amis Francophones – Bistro <b>2:00pm</b> Mobile Tea-Time with Strawberry Lemonade  *Bistro open for afternoon tea* 2pm-3:30pm	<b>21</b> <b>10:00am</b> Bible Study w/ John Klinck – GH <b>2:00pm</b> Musical Bingo – GH	<b>22</b> <b>10:30am</b> Coffee In The Courtyard <b>2:00pm</b> Strawberry Social with music – Garden  *Bistro open for afternoon tea* 2pm-3:30pm	<b>23</b> <b>10:30am</b> Sing-Along in the Garden <b>1:30pm</b> Bingo! – GH	<b>24</b> <b>2:30pm</b> Cowboy Games – GH/Garden
<b>25 Olympics Week</b>	<b>26</b> <b>10:30am</b> Chair Fitness – GH <b>1:30pm</b> Carpet Bowling – GH  <i>Wear your favourite <b>GOLD</b> accessories to celebrate our Olympics week theme!</i>	<b>27</b> <b>10:00am</b> Garden Club <b>10:30am</b> Photo Bingo – A <b>2:00pm</b> Mobile Tea-Time  *Bistro open for afternoon tea* 2pm-3:30pm	<b>28</b> <b>10:00am</b> Bible Study w/ John Klinck – GH <b>11:00am</b> Documentary: Olympia & The Olympic Games – B <b>2:00pm</b> Olympic Team Mini Games – GH	<b>29</b> <b>10:30am</b> Olympic Dice “100m Dash” Race – GH <b>2:45pm</b> Chair Fitness with the Kinesiologist <b>3:30pm</b> Advanced Fitness with the Kinesiologist  *Bistro open for afternoon tea* 2pm-3:30pm	<b>30 International Friendship Day</b>  <b>10:30am</b> Friendship Day High Tea – GH <b>1:30pm</b> Bingo! – GH	<b>31</b>

