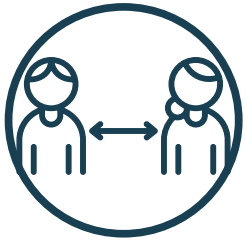


COVID-19

For Successful Deconfinement in Private Seniors' Residences (PSR)

Reminder for Residents and their Families

BASIC MEASURES to be applied at all times



2 m
(6 ft)

+



Disposable mask
or washable
face cover

+



Hand washing
(Soap or hydroalcoholic
solution for 20 seconds)

+



Respiratory etiquette
(Cough and sneeze into your elbow,
throw away your handkerchief
immediately after use, and wash
your hands immediately)

If you have a fever, cough, sore throat, or other symptoms,
stay home while waiting to be tested for COVID-19.

INSTRUCTIONS (May 29, 2020 directive)



Visits by family
and friends



+



+



+



Indoor visits allowed
starting on June 15
(information to follow)

Gatherings
outside the
PSR

Gatherings
only allowed
outside the
home (yard,
patio, etc.)

Maximum
of 10 persons



Outings to all
public places

Medical appointments,
health and social
services, hair salons,
shopping centres, etc.



+



+



+





Transportation

Automobiles (driver and passengers), taxi, public transit, paratransit, etc.



Common areas

Cafeteria, activity room, and travel (elevator, hallway), etc.



No exchange of items (deck of cards, book, etc.)



My home



Reduced frequency of housework

Repair if essential to safety



Unavoidable moving



For resident only: COVID testing necessary before

For resident only: isolation 14 days after

2 movers and 1 family member or 2 family members



Deliveries at the residency's reception desk

Food, groceries, goods, gifts, etc.



Delivered to the resident's apartment after disinfection carried out by residence staff