

# May 2021 Wing A

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 1:30pm May Day Baskets Craft	2
3 9:30am Chair Fitness	4 9:00am One on One Visits 1:30pm Mobile Tea time	5 <i>Happy Birthday Glenna Smith!</i> 9:30am Armchair Travel to Mexico	6 1:30am Bingo! & Chair Fitness	7 1:30pm Mobile Mother's Day Ice Cream Sundae Cart	8	9
10 9:30am Chair Fitness	11 9:00 One on One Visits 1:30pm Mobile Tea Time	12 9:30am Garden Scavenger Hunt	13 <i>National Apple Pie Day</i> 9:00am Les Amies Francophones 1:30pm Moo Mobile w/ Apple Pie Milkshakes 2:45pm Chair Fitness w/ Karen, Kinesiologist	14 1:30pm Bingo! & Chair Fitness	15 1:30pm Activity w/ Jennifer	16
17 9:30am Chair Fitness	18 9:00 One on One Visits 1:30pm Mobile Tea Time	19 9:30am Let's Make Mug Cakes	20 9:30am Honey Taste Test	21 1:30pm Bingo! & Chair Fitness	22 <i>Happy Birthday Sylvia McComb!</i>	23
24 9:30am Chair Fitness	25 9:00 One on One Visits 1:30pm Mobile Tea Time	26 <i>National Senior Health &amp; Fitness Day</i> 9:30am Exercise Stations	27 9:00am Les Amies Francophones 2:45pm Chair Fitness w/ Karen, Kinesiologist	28 1:30pm Bingo! & Chair Fitness	29	30

